



Facilitating Developmental Attachment by Daniel A. Hughes
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"Attachment disordered children and their families experience problems which most therapies fail to ameliorate. Dr. Hughes' deeply insightful book provides professionals as well as parents with a comprehensive understanding of the issues and of the types of interventions that succeed in resolving them. However, the scope of this brilliant work extends beyond the disturbances of foster and adoptive children. Many other children show similar developmental attachment problems which would yield equally well to Dr. Hughes' strategies of engagement, holding, paradoxical interventions, directives, psychodrama, contracts, and attachment practicing. If all children were treated in the way Dr. Hughes describes, with his compassion, humanity,

humour, and depth of understanding, there would be better outcomes. Even for therapists who do not practice in this manner, their grasp of a child's development and their approach to their young patients will be greatly enhanced by Dr. Hughes' theoretical framework of attunement and engagement."

Martha G. Welch, M.D.

"This book is a major contribution to all workers interacting with foster and adopted children. It takes the mysterious child and teaches us how to reach him or her and, hopefully, bring the child into a meaningful interaction with us and others. Utilizing various conceptual systems, the author explicates each therapeutic position, translating the theory into actual interventions for the child and his or her caretakers. Though concerned with the increasing population of foster and adopted children who have suffered unconscionable abandonment and abuse, Dr. Hughes' book is clearly applicable to all of us who work with detached, dissociated, and despairing children."

Carol J. Eagle, Ph.D.

"For those treating attachment-disordered children with traditional child psychotherapy, this book will compel a re-examination of that approach and lead the way to a decidedly more effective treatment. Therapists struggling to help these children will find countless new insights and concrete examples of how to be successful instead of frustrated in their work. An experienced, gifted, and innovative therapist and teacher, Dan Hughes takes the reader through a primer in attachment theory and reactive attachment disorders in maltreated children, through the theoretical principles and actual techniques employed in therapy, four illustrative case vignettes, and a discussion of how to educate, assist, and support the parents of poorly attached children."

Paul D. Goodman, M.D.